



LE GRAND SPA
AT THE GRAND HOTEL EXCELSIOR





LE GRAND SPA
AND FITNESS CENTRE

MEMBERSHIP PACKAGE

OUR SPA

Le Grand Spa is managed by a team of professional therapists, and offers a range of services from beauty to specialized treatments.

Our therapists have a wealth of experience in local and international spas, and are committed to creating the perfect ambience, ensuring that each treatment exceeds our clients expectations.

Enjoy our luxurious Spa in the heart of Valletta, and indulge in some much-needed pampering. Work-out in our fully-equipped technogym, or treat yourself to a dip in our pool.

Relaxation at Le Grand Spa

Spa

The weight will lift from your shoulders as you step into the Spa. Lie back... and luxuriate in the fabulous health and beauty treatments.

- Nine tranquil, private treatment rooms offering pure bliss.
- Specialist products and revitalising beauty therapies.
- A selection of heavenly holistic therapies.

Fitness

Head to the fitness centre for a full workout in our Gym.

- Get your blood pumping in our fully equipped gym.
- Make your way to the indoor pool for an invigorating year round early morning swim
- After your workout, relax your tired muscles in the Sauna and Steam room.



Le Grand Spa & Fitness Centre Membership

Exclusivity

Annual Le Grand Spa & Fitness Centre Membership is limited to a select few and is subject to the discretion and review from time to time from the hotel Management. Membership is exclusive and is subject to the Hotel Management discretion.

Mission

To provide top quality leisure and fitness facilities to a select number of guests through exclusive, personalized service and product innovation.

Membership Fee

	Single	Couple
Yearly	€ 480	€ 650
Six Months	€ 270	€ 520

SPA opening hours are Monday to Sunday from 07:00 hrs till 21:00hrs.

Benefits

Members are entitled to Exclusive SPA packages, monthly SPA treatment offers, full use of the Gym Services, weekly Yoga Classes, individualised Monthly Sessions with specialised consultants, Exclusive Hair and beauty packages, use of indoor pool, whirlpool, Sauna, Steam Room, Towel, Locker and Free parking, restricted to 3 hours.

The Grand Hotel Excelsior will also offer a one day trial visit to prospective members.

SPA Benefits

20% discount on all SPA treatments.

10% discount on all SPA retail products including traditional Thai products.

Exclusive SPA packages and treatments for Members only.

Monthly updates on last minute deals and offers.

Complementary Weekly Yoga Classes.

Monthly Sessions with specialized consultants - each month the SPA team will be presenting you with a number of sessions presented by professional Nutritionists, Beauty Consultants and Therapists.

Hair and Beauty Benefits

One Voucher for a 25% discount on cut and colour.

One Voucher for a 25% discount on cut, colour and blow-dry.

One Voucher for a 25% discount on cut and blow dry.

Free one-to-one skin consultation with a specialized beauty consultant.

One voucher for a 25% discount on make-up session.

10% discount on make-up products.

Terms and Conditions

- Full payment of the membership fee for the whole duration of the chosen agreement is expected immediately upon application. This payment is non-refundable.
- A one-day trial visit is charged at €15 per person. This charge will be rebated once the membership is confirmed and paid for.
- The one-day trial visit is applicable for both the yearly and 6 month membership options.
- Membership cards and privileges are not transferable to any other person
- The membership contract may be paused/frozen by the member for up to three months. However, a charge of €20 per month is incurred.
- The hotel reserves the right to amend the opening and closing time of the SPA and Fitness Centre after posting in a week's notice.
- The hotel reserves the right to use any details pertaining to the registered member for Hotel marketing purposes and for the communication of exclusive offers available to the members.
- No children are allowed within the SPA area.
- Members who refer a friend or associate when purchasing a new spa membership are entitled to receive a complimentary full body massage per referral.
- SPA treatments, one-to-one specialized consultant sessions, yoga classes and hair & beauty sessions must be pre-booked. No shows for these sessions will still be charged 20% of the treatment price.
- Sessions may be cancelled up to 24 hours prior to the booked time of the treatment.
- Lost or stolen membership cards will be re-issued against a fee of €10.



HATHA YOGA

Hatha is often used to describe gentle, basic classes with no flow between poses.

The Spa has a Yoga Instructor who has 30 years experience teaching yoga both in Malta and overseas. He trained at the most prestigious yoga colleges in the Netherlands and specialises in Hatha Yoga.

A Hatha class will be a slow- paced stretching class with some simple breathing exercises and seated meditation. This is a good place to learn beginner's poses, relaxation techniques, and become comfortable with yoga.

Towels and mats will be provided by Le Grand Spa.

Yoga classes are held every Wednesday from 17.30 till 19.00





LIVE THE GRAND LIFE



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